4. Health Procedures

4.4 Allergies and Food Intolerance

When a child starts at the setting, parents are asked if their child has any known allergies or food intolerance. This information is recorded on the registration form.

- If a child has an allergy or food intolerance, a care plan is completed. This is usually done at the home visit but can also be completed as and when necessary. A care plan will contain the following information:
  - the risk identified – the allergen (i.e. the substance, material or living creature the child is allergic to such as nuts, eggs, bee stings, cats etc.)
  - control measures, such as prevention from contact with the allergen
  - the nature of the reaction
  - the emergency procedure to follow
  - the medication and dosage required
  - GP and consultants' details
- A poster is displayed in the kitchen with a photo of the child and details of the food allergy/intolerance
- The child will have a 'red' name card which will act as an additional checkpoint for staff when supervising snack and mealtimes.
- A copy of the health care plan is kept in the register and is shared with all staff. Both the Manager and Key Person sign the care plan
- If required, parents show staff how to administer medication in the event of an allergic reaction.
- No nuts or nut products are used within the setting.
- Parents are made aware of our 'No Nut' policy, so that no nut or nut products are accidentally brought in.
- A traffic light system is in place at snack times to manage allergies and intolerances.

Oral Medication

- Oral medication must be prescribed or have manufacturer's instructions written on them.
- Staff must be provided with clear written instructions for administering such medication.

- All risk assessment procedures are adhered to for the correct storage and administration of the medication.
- The setting must have the parents' prior written consent. Consent is kept on file.